

CURRICULUM VITAE ABREVIADO (CVA)

Part A. PERSONAL INFORMATION

First name	José Antonio		
Family name	Piqueras Rodríguez		
Gender (*)	Male	Birth date (dd/mm/yyyy)	
Social Security, Passport, ID number			
e-mail		URL Web: www.umh.es/contenido/PAS/:persona_144263/datos_es.html	
Open Researcher and Contributor ID (ORCID) (*)	0000-0002-3604-5441		

(*) Mandatory

A.1. Current position

Position	Professor (Catedrático Universidad)		
Initial date	15/07/2022		
Institution	Universidad Miguel Hernández de Elche		
Department/Center	Health Psychology	Faculty of Social and Health Sciences	
Country	Spain	Teleph. number	+34 966658343
Key words	Emotional and affective development; Psychological Proceedings; Taxonomy and classification; Anxiety and neurosis disorders; Adolescence and infancy disorders; Program evaluation; Behavior therapy and behavior modification; Advice and consultant; Health psychology		

A.2. Previous positions (research activity interruptions, indicate total months)

Period	Position/Institution/Country/Interruption cause
2012-2022	Tenured Professor/ Miguel Hernández University /Spain
2009-2012	Associate Professor/ Miguel Hernández University/Spain
2007-2009	Assistant Professor/ Miguel Hernández University/Spain
2006-2007	Graduate Teaching Assistant (LOU)/University of Alicante/Spain
2004-2005	Postdoctoral Fellow /University of Granada/Spain
2001-2004	Predoctoral Fellow (FPU)/Universidad de Murcia/Spain

A.3. Education

PhD, Licensed, Graduate	University/Country	Year
PhD in Clinical and Health Psychology	University of Murcia	2005
Licensed in Psychology, Clinical and Health Psychology specialization	University of Murcia	2000

Part B. CV SUMMARY

Scientific contributions: As a Professor of Personality, Psychological Assessment, and Treatments at Miguel Hernández University of Elche (UMH, Spain), I have contributed significantly to scientific advancement, evidenced by three research recognition periods ("sexenios") and three teaching excellence awards ("quinquenios").

My research focuses on bidimensional mental health, addressing emotional distress (suicide and emotional disorders) and well-being (socioemotional strengths and emotional intelligence) in youth. My primary goal is to enhance assessment methods, identify mental health protective factors, and develop effective interventions.

I was a member of the AITANA research group until 2024 and currently lead the Applied Psychology Research Center (CPA). Additionally, I collaborate with the PROEM-A Network on projects such as EMO-CHILD, PROCARE, and PROMHES-U, which aim to improve mental well-being in children, adolescents, and young adults through partnerships with education and social work professionals.

As Principal Investigator of projects like Covitality: Socioemotional Competencies and Mental Health in Spanish Adolescents, my academic achievements include an h-index of 30, 191 articles (149 in Web of Science, over 40 in Q1 journals), 28 book chapters, 2 books, 17 keynote presentations, and multiple research awards.

Contributions and Transfer to Society: Beyond academia, my work spans community well-being initiatives, technological innovation, and collaboration with various organizations. Since 2014, I have served as a therapist and supervisor for training psychologists, and since 2019, I have directed the CPA. I am an active member of UMH's Healthy Habits Promotion Commission and the Interuniversity Commission on Mental Health for the Valencian Community. In 2023, I assumed leadership of the Psychological Counseling Unit at UMH and collaborate with Pearson Ibérica Educación and TEA Ediciones to develop professional tools and promote technology transfer.

Contributions to the Training and Career Development of Young Researchers: I have supervised nine doctoral theses (all awarded Cum Laude, with five receiving Extraordinary Doctorate Prizes) and am currently supervising seven more. Ten of my mentees now hold teaching and research positions in various universities. My experience also includes evaluations for ANEP, the Global Clinical Practice Network, and Chile's National Scientific and Technological Development Fund.

As Editor-in-Chief of the *Journal of Clinical Psychology with Children and Adolescents* (2020–2024), I secured its inclusion in JCR. I have completed over 100 (68 verified by WoS) peer reviews and served as Reviewer Editor or Editorial Board Member for prestigious journals.

In summary, my commitment to the assessment, promotion, and prevention of mental health—particularly in youth—extends deeply across academic and professional domains.

Part C. RELEVANT MERITS

C.1. Publications (see instructions)

- **Book chapters**

Paz, J., Kim, E.K., Dowdy, E., Furlong, M.J., Hinton, T., **Piqueras, J.A.**, Rodríguez-Jiménez, T., Marzo, J.C., & Coats, S. (2023). School-Based approaches for the universal assessment of Adolescent Psychosocial Strengths. In W. Ruch, A. B. Bakker, L. Tay & F. Gander (Eds.), *Handbook of Positive Psychology Assessment, Psychological Assessment – Science and Practice* (pp. 299-316). Hogrefe. ISBN: 9781616766191.

Piqueras, J.A., Marzo, J.C., Falcó, R., Moreno-Amador, B., Soto-Sanz, V., Rodríguez-Jiménez, T., & Rivera-Riquelme, M. (2022). Applications of Positive Psychology in Spain: strengths-based interventions in diverse Spanish school ecosystems. In A. Allen, M. J. Furlong, D. Vella-Brodrick & S. Suldo (Eds.), *Handbook of Positive Psychology in Schools (Third Edition): In Support of Positive Educational Processes* (pp. 478-492). Routledge. ISBN: 9780367855864.

- **Scientific papers**

Falcó, R., Falcon, S., Moreno-Amador, B., **Piqueras, J. A.**, & Marzo, J. C. (2024). Which Psychosocial Strengths Could Combat the Adolescent Suicide Spectrum? Dissecting the Covitality Model. *Psychosocial intervention*, 33(3), 133–146. doi: 10.5093/pi2024a9

García-López, L.J., Jiménez-Vázquez, D., Muela-Martínez, J.A., **Piqueras, J.A.** et al. (2024). Effectiveness of a transdiagnostic indicated preventive intervention for adolescents at high risk for anxiety and depressive disorders. *Current Psychology*, 43, 15484–15498 (2024). doi: 10.1007/s12144-023-05421-3

Piqueras, J. A., Rico-Bordera, P., López-Fernández, F. J., Canals, J., Espinosa-Fernández,

- L., Vivas-Fernández, M., & PROCARE, E. (2024). Subtipos de dificultades de salud mental y niveles de resiliencia en adolescentes españoles. *Psicología Conductual/Behavioral Psychology*, 32(3), 433-452. doi: 10.51668/bp.8324301s
- Jimenez-Vazquez, D., Garcia-Lopez, L. J., **Piqueras, J. A.**, Muela-Martinez, J. A., Espinosa-Fernandez, L., Vivas-Fernandez, M., & Diaz-Castela, M. M. (2024). Analyses of prediction, moderation, and mediation of a transdiagnostic, indicated preventive intervention (PROCARE-I) for adolescents at high risk of emotional problems. *Evidence-Based Practice in Child and Adolescent Mental Health*, 1–17. doi: 10.1080/23794925.2024.2384088
- Falcó, R., Santana-Monagas, E., Moreno-Amador, B., **Piqueras, J.A.**, & Marzo, J.C. (2023). Suicidal Risk During Adolescence: Could Covitality Be Part of the Solution? *Archives of Suicide Research*, 1-16. doi:10.1080/13811118.2023.2262553
- Vivas-Fernandez, M., Garcia-Lopez, L.J., **Piqueras, J.A.**, Espinosa-Fernandez, L., Muela-Martinez, J.A., Jimenez-Vazquez, D., Diaz-Castela, M.D. M., & Ehrenreich-May, J. (2023). A 12-Month Follow-Up of PROCARE+, a Transdiagnostic, Selective, Preventive Intervention for Adolescents At-Risk for Emotional Disorders. *Child Psychiatry and Human Development*. doi:10.1007/s10578-023-01638-2
- Vivas-Fernandez, M., Garcia-Lopez, L.J., **Piqueras, J.A.**, Muela-Martinez, J.A., Canals-Sans, J., Espinosa-Fernandez, L., Jimenez-Vazquez, D., Diaz-Castela, M.D., Morales-Hidalgo, P., Rivera, M., & Ehrenreich-May, J. (2023). Randomized controlled trial for selective preventive transdiagnostic intervention for adolescents at risk for emotional disorders. *Child and Adolescent Psychiatry and Mental Health*, 17(1), 77. doi:10.1186/s13034-023-00616-9
- Piqueras, J.A.**, Rodriguez-Jimenez, T., Marzo, J.C., Rivera-Riquelme, M., Martinez-Gonzalez, A.E., Falco, R., & Furlong, M. J. (2019). Social Emotional Health Survey-Secondary (SEHS-S): A Universal Screening Measure of Social-Emotional Strengths for Spanish-Speaking Adolescents. *International Journal of Environmental Research & Public Health*, 16(24), 4982. doi:10.3390/ijerph16244982

C.2. Congress

• Posters

- Falcó, R., Falcón, S., **Piqueras, J.A.**, Soto-Sanz, V., & Marzo, J.C. (2023). Psychosocial strengths for adolescent suicide prevention: universal, selective or indicated? Dissecting the Covitality model (2nd International Meeting on Prevention, Intervention, & Postvention of Suicidal Behaviour; 10/03/2023 - Salamanca, Spain).
- Falcó, R., Moreno-Amador, B., Marzo, J.C., Soto-Sanz, V., & **Piqueras, J.A.** (2020). The covitality model as a psychological strengths shield against the suicidal spectrum in adolescents (IX Conference of the Iberoamerican Association for Research on Individual Differences; 04/12/2020 – Castellón, Spain).

• Oral presentations

- Piqueras, J.A.**, Mateu-Martinez, O., Rivera-Riquelme, M., Cejudo, J., & Pérez-González, J.C., (2024). ¿Puede una intervención en Inteligencia Emocional ultracorta mejorar el ajuste psicosocial infantil?. (VI Congreso de Psicología Positiva, 15/05/2024 – Zaragoza, Spain).
- López-Fernandez, F.J., Pineda, D., Falco, R., Marzo, J., Dowdy, Erin, Chan, Mei-ki, Furlong, M., & **Piqueras, J.A.** (2024) Desarrollo y validación transcultural de la Social Emotional Health SurveySecondary Short Form (SEHS-S-SF). (XIII Jornadas De La Asociacion Iberoamericana Para El Estudio De Las Diferencias Individuales, 26/09/2024 – Elche, Spain)
- López-Fernández, F. J., Falco, R., Moreno-Amador, B., Marzo, J.C., & **Piqueras, J.A.** (2023). Recent stressful life events and adolescent mental health: the mediating role of social-emotional strengths (11th Conference of the Iberoamerican Association for Research on Individual Differences; 22/09/2022 - Málaga, Spain).
- Falcó, R., **Piqueras, J.A.**, & Marzo, J.C., Moreno-Amador, B., Soto-Sanz, V., Rodríguez-Jiménez, T., & Furlong, M. (2021). Suicidal behaviours and socio-emotional

competences in Spanish adolescents: Covitalidad-España study (X International Congress on Psychology and Education; 14/06/2021 - Córdoba, España).

Piqueras, J.A., Marzo, J.C., Falcó, R., Moreno-Amador, B., Soto-Sanz, V., Rodríguez-Jiménez, T., Martínez-González, A., Rivera-Riquelme, M., Keyes, C., Cuijpers, P., Dowdy, E., & Furlong, M. (2019). Assessment of two-dimensional mental health in a large sample of Spanish adolescents: Covitalidad-España study (5th International Congress of Clinical and Health Psychology on Children and Adolescents; 15/11/2019 - Oviedo, Spain).

- **Invited conferences**

Piqueras, J.A. (2024). Prevención del suicidio I. Covitalidad vs. Conducta Suicida: promoción de un escudo de fortalezas psicológicas durante la infancia y la adolescencia (Cátedra de Inteligencia Emocional "UNED Pamplona – Fundación Caja Navarra; 8/04/2024 - Pamplona, Spain)

Piqueras, J.A., & Marzo, J.C. (2019). Detecting mental health problems or examining mental health as a whole? Towards a new way of promoting mental health at school (5th International Congress of Clinical and Health Psychology on Children and Adolescents; 14/11/2019 - Oviedo, Spain).

C.3. Research projects

2024-1-SK01-KA220-SCH-000246584, **PROWELL** (Promoting Well-Being And Mental Health For Basic Education Pupils And Teachers Through Innovative Prevention And Intervention Programs For Primary Schools). Erasmus+ program for education and training, Key action 2 – Partnerships for cooperation. Coordinator: Expol Pedagogika, s.r.o. 01/11/2024-01/11/2027. 400.000 €. Team member

CIPROM/2021/031, **EMO-CHILD** (Emotional Disorders among Childhood): Estimation of the Incidence of Internalising Disorders, Symptom Trajectories, Risk And Protective Factors. Ministry of Education, Research, Culture and Sport. PI: Mireia Orgilés. UMH. 01/01/2022-31/12/2025. 528.225,58€. Team member.

PI20/00006, **PROMHES-U**: Promoting Mental Health among University Students: E-Health Technologies for Personalized Prediction and Prevention of Adverse Mental Health Outcomes. Ministry of Science and Innovation. PI: Jordi Alonso. IMIM Foundation from Barcelona. 01/01/2021-01/01/2024. 177.265€. Team member.

PID2019-111138RB-I00, Targeted Prevention Through a Transdiagnostic Intervention for Adolescents at Risk of Emotional Problems (**PROCARE**). Ministry of Science, Innovation and Universities. PI: Luis Joaquín García-López. University of Jaén. 01/01/2020-31/12/2023. 121.000€. Working team.

OCD SPECTRUM: Predictive Models of Obsessive-Compulsive Disorder-Related Disorders in Spanish Adolescents. Alicia Koplowitz Foundation Research Project Grants 2019. **PI: J.A. Piqueras**. UMH. 01/11/2019-01/11/2022. 41.433€.

PSI2017-88280-R, **COVITALITY**: Socio-Emotional Competencies and Mental Health In Spanish Adolescents. Dynamisation Actions Networks of Excellence. Ministry of Economy, Industry and Competitiveness. **PI: J.A. Piqueras & J.C. Marzo**. UMH. 01/01/2018-31/12/2020. 39.930 €.

DETECTA-WEB-A, Detection of Emotional Psychological Problems in the School Environment Through a Web Site In Adolescents (**DETECTA-WEB-A**). BANCAJA-UMH. **J.A. Piqueras**. UMH. 01/01/2011-31/12/2012. 12.521,16€. **PI**

C.4. Contracts, technological or transfer merits

Scientific research service on lethal violence against women in intimate partner relationships, to identify risk indicators to prevent it (LOT 5). Secretary of State for Security (Ministry of the Interior, Spain). PI: J.L. González-Álvarez. 03/05/2021-02/01/2022. 24.200€.

AYUNTASPE1.16CM, Application of a Socioemotional Skills Development Program for Primary School children. Aspe City Council. PI: **J.A. Piqueras**. 26/04/2016-30/06/2016. 3000€.

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