

Fecha del CVA	07/11/2024
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## Parte A. DATOS PERSONALES

Nombre *	JOAQUINA		
Apellidos *	MONTILLA HERRADOR		
Sexo *		Fecha de Nacimiento *	
DNI/NIE/Pasaporte *		Teléfono *	
URL Web			
Dirección Email	montilla@um.es		
Identificador científico	Open Researcher and Contributor ID (ORCID) *	0000-0003-1581-3621	
	Researcher ID	JEZ-9664-2023	
	Scopus Author ID	6506510564	

\* Obligatorio

### A.1. Situación profesional actual

Puesto	Profesora Titular de Universidad		
Fecha inicio	2011		
Organismo / Institución	Universidad de Murcia		
Departamento / Centro	Departamento de Fisioterapia / Facultad de Medicina		
País	España	Teléfono	(34) 868887534
Palabras clave			

### A.4. Indicadores generales de calidad de la producción científica

3 Sexenios

Indice H (JCR) 12

## Parte C. MÉRITOS MÁS RELEVANTES

### C.1. Publicaciones

AC: Autor de correspondencia; (nº x / nº y): posición firma solicitante / total autores. Si aplica, indique el número de citaciones

- Artículo científico.** Lozano-Meca, Jose; Gacto-Sanchez, Mariano; (3/3) Montilla-Herrador, Joaquina. 2024. Association of kinesiophobia with pain, disability and functional limitation in adults with knee osteoarthritis: A systematic review and meta-analysis. GERIATRIC NURSING. 60, pp.481-490. ISSN 1528-3984.
- Artículo científico.** Lozano-Meca, Jose; (2/3) Montilla-Herrador, Joaquina (AC); Gacto-Sanchez, Mariano. 2024. Gait speed in knee osteoarthritis: A simple 10-meter walk test predicts the distance covered in the 6-minute walk test. MUSCULOSKELETAL SCIENCE AND PRACTICE. ELSEVIER. 72. ISSN 2468-7812.
- Artículo científico.** (1/4) Montilla-Herrador, Joaquina; Lozano-Meca, Jose; Lozano-Guadalajara, Juan Vicente; Gacto-Sanchez, Mariano. 2024. The Efficacy of the Addition of tDCS and TENS to an Education and Exercise Program in Subjects with Knee Osteoarthritis: A Randomized Controlled Trial. BIOMEDICINES. MDPI. 12-6. ISSN 2227-9059.
- Artículo científico.** Lozano-Meca, Jose; (2/3) Montilla-Herrador, Joaquina (AC); Gacto-Sanchez, Mariano. 2024. The effects of combined transcranial direct Current stimulation with physiotherapy for physical function in subjects with knee osteoarthritis: a systematic review and meta-analysis. PHYSIOTHERAPY THEORY AND PRACTICE. ISSN 0959-3985.

- 5 **Artículo científico.** Sanchez-Martinez, Maria Piedad; Crisostomo, Maria Jose; Agustin, Rodrigo Martin-San; (4/7) Montilla-Herrador, Joaquina; Escolar-Reina, Maria Pilar; Valera-Novella, Elisa; Medina-Mirapeix, Francesc. 2024. Determination of Five Sit-to-Stand Test Performance at Discharge of Stroke Patients. DIAGNOSTICS. MDPI. 14-5. ISSN 2075-4418.
- 6 **Artículo científico.** Lozano-Meca, Jose Antonio; (2/3) Gacto-Sanchez, Mariano; Montilla-Herrador, Joaquina. 2024. Movement-evoked pain is not associated with pain at rest or physical function in knee osteoarthritis. EUROPEAN JOURNAL OF PAIN. WILEY. 28-6, pp.987-996. ISSN 1532-2149.
- 7 **Artículo científico.** Poveda-Lopez, Salud; Lillo-Navarro, Carmen; Sanchez-Perez, Alicia; Gacto-Sanchez, Mariano; (5/5) Montilla-Herrador, Joaquina. 2023. Older persons' expressed perceptions on exercise programs in long-term care institutions: Influence of professionals and institutions. PATIENT EDUCATION AND COUNSELING. ELSEVIER IRELAND LTD. 117. ISSN 0738-3991.
- 8 **Artículo científico.** Gacto-Sanchez, Mariano; Medina-Mirapeix, Francesc; Benitez-Martinez, Josep C.; (4/6) Montilla-Herrador, Joaquina; Palanca, Ana; Agustin, Rodrigo Martin-San. 2023. Estimating Quadriceps and Hamstrings Strength Through Myoton Among Recreational Athletes. JOURNAL OF SPORT REHABILITATION. HUMAN KINETICS PUBL INC. 32-7, pp.827-833. ISSN 1543-3072.
- 9 **Artículo científico.** Gacto-Sanchez, Mariano; Lozano-Meca, Jose Antonio; Lozano-Guadalajara, Juan Vicente; (4/4) Montilla-Herrador, Joaquina. 2023. Concurrent validity of the 2-and 6-minute walk test in knee osteoarthritis. KNEE. ELSEVIER. 43, pp.34-41. ISSN 1873-5800.
- 10 **Artículo científico.** Gacto-Sanchez, Mariano; Lozano-Meca, Jose Antonio; (3/3) Montilla-Herrador, Joaquina. 2023. The pain attitudes and beliefs scale for physiotherapists: development and psychometric assessment of the Spanish version among physiotherapy students. PHYSIOTHERAPY THEORY AND PRACTICE. TAYLOR & FRANCIS INC. 40-7, pp.1436-1446. ISSN 0959-3985.
- 11 **Artículo científico.** Gacto-Sanchez, Mariano; Antonio Lozano-Meca, Jose; Vicente Lozano-Guadalajara, Juan; Bano-Alcaraz, Aitor; Lillo-Navarro, Carmen; (6/6) Montilla-Herrador, Joaquina. 2023. Addition of tDCS and TENS to an education and exercise program in subjects with knee osteoarthritis: A study protocol. JOURNAL OF BACK AND MUSCULOSKELETAL REHABILITATION. IOS PRESS. 36-2, pp.299-307. ISSN 1878-6324.
- 12 **Artículo científico.** Valera-Novella, Elisa; Bernabeu-Mora, Roberto; (3/6) Montilla-Herrador, Joaquina; Escolar-Reina, Pilar; Garcia-Vidal, Jose Antonio; Medina-Mirapeix, Francesc. 2023. Development of the ESEx index: a tool for predicting risk of recurrent severe COPD exacerbations. THERAPEUTIC ADVANCES IN CHRONIC DISEASE. SAGE PUBLICATIONS LTD. 14. ISSN 2040-6231.
- 13 **Artículo científico.** Morera-Balaguer, Jaume; Lillo-Navarro, Carmen; De Oliveira-Sousa, Silvana-Loana; (4/7) Montilla-Herrador, Joaquina; Escolar-Reina, Pilar; Rodriguez-Nogueira, Oscar; Medina-Mirapeix, Francesc. 2022. Parents of children with disabilities' perceptions regarding the quality of interaction with Health professionals working in early intervention: A qualitative descriptive study. JOURNAL OF CLINICAL NURSING. WILEY. 17-18, pp.6519-6532. ISSN 1365-2702.
- 14 **Artículo científico.** (1/6) Montilla-Herrador, Joaquina; Lozano-Meca, Jose A.; Bano-Alcaraz, Aitor; Lillo-Navarro, Carmen; Martin-San Agustin, Rodrigo; Gacto-Sanchez, Mariano. 2022. Knowledge and Attitudes towards Patient Safety among Students in Physical Therapy in Spain: A Longitudinal Study. INTERNATIONAL JOURNAL OF ENVIRONMENTAL RESEARCH AND PUBLIC HEALTH. 19. <https://doi.org/10.3390/ijerph191811618>
- 15 **Artículo científico.** Medina-Mirapeix, Francesc; Bernabeu-Mora, Roberto; Gacto-Sanchez, Mariano; (4/6) Montilla-Herrador, Joaquina; Escolar-Reina, Pilar; Piedad Sanchez-Martinez, Maria. 2022. The prognosis of pre-frail chronic obstructive pulmonary disease patients for hospitalizations and mortality depends on their level of functional physical performance. CHRONIC RESPIRATORY DISEASE. 19. ISSN 1479-9723. <https://doi.org/10.1177/14799731221119810>

- 16 Artículo científico.** Poveda-Lopez, Salud; (2/5) Montilla-Herrador, Joaquina (AC); Gacto-Sanchez, Mariano; Romero-Galisteo, Rita P.; Lillo-Navarro, Carmen. 2022. Wishes and perceptions about exercise programs in exercising institutionalized older adults living in long-term care institutions: A qualitative study. GERIATRIC NURSING. MOSBY-ELSEVIER. 43, pp.167-174. ISSN 1528-3984.
- 17 Artículo científico.** Bernabeu-Mora, Roberto; Piedad Sanchez-Martinez, M.; (3/6) Montilla-Herrador, Joaquina (AC); Oliveira-Sousa, Silvana L.; Gacto-Sanchez, Mariano; Medina-Mirapeix, Francesc. 2020. 2011 GOLD Stages of COPD: Transitions, Predictor Factors and Comparison with 2017 GOLD Stages. INTERNATIONAL JOURNAL OF CHRONIC OBSTRUCTIVE PULMONARY DISEASE. DOVE MEDICAL PRESS LTD. 15, pp.1519-1527. ISSN 1178-2005.
- 18 Artículo científico.** Martinez-Gonzalez, Mariano; (2/6) Montilla-Herrador, Joaquina; Garcia-Vidal, Jose A.; Escolar-Reina, Pilar; Gacto-Sanchez, Mariano; Medina-Mirapeix, Francesc. 2020. Intra- and inter-rater reliability of electrical impedance myography using adhesive electrodes in healthy volunteers. JOURNAL OF ELECTROMYOGRAPHY AND KINESIOLOGY. ELSEVIER SCI LTD. 55. ISSN 1873-5711.
- 19 Artículo científico.** Lillo-Navarro, Carmen; (2/6) Montilla-Herrador, Joaquina (AC); Escolar-Reina, Pilar; Oliveira-Sousa, Silvana L.; Garcia-Vidal, Jose A.; Medina-Mirapeix, Francesc. 2019. Factors Associated with Parents' Adherence to Different Types of Exercises in Home Programs for Children with Disabilities. JOURNAL OF CLINICAL MEDICINE. MDPI. 8-4. ISSN 2077-0383.
- 20 Artículo científico.** Medina-Mirapeix, Francesc; Bernabeu-Mora, Roberto; Piedad Sanchez-Martinez, Maria; Gacto-Sanchez, Mariano; Martin San Agustin, Rodrigo; (6/6) Montilla-Herrador, Joaquina. 2019. Patterns and Predictors of Recovery from Poor Health Status Measured with the Chronic Obstructive Pulmonary Disease (COPD) Assessment Test in Patients with Stable COPD: A Longitudinal Study. JOURNAL OF CLINICAL MEDICINE. MDPI. 8-7. ISSN 2077-0383.
- 21 Artículo científico.** Navarro-Pujalte, Esther; Gacto-Sanchez, Mariano; (3/6) Montilla-Herrador, Joaquina; Escolar-Reina, Pilar; Angeles Franco-Sierra, Maria; Medina-Mirapeix, Francesc. 2019. Sensitivity to change of mobility measures in musculoskeletal conditions on lower extremities in outpatient rehabilitation settings. DISABILITY AND REHABILITATION. TAYLOR & FRANCIS LTD. 41-11, pp.1268-1274. ISSN 0963-8288.
- 22 Artículo científico.** García-Guillamón, Gloria; Bernabeu-Mora, Roberto; Montilla-Herrador, Joaquina; Seva-Llor, Ana Myriam; Gacto-Sánchez, Mariano; García-Vidal, José Antonio. 2018. Ansiedad entre cuidadores de pacientes con Enfermedad Pulmonar Obstructiva Crónica tras el alta hospitalaria Anxiety among caregivers of patients with Chronic Obstructive Pulmonary Disease after hospital discharge. Enfermería Global. 17-49, pp.164-184. ISSN 1695-6141.
- 23 Artículo científico.** Medina-Mirapeix, Francesc; Bernabeu-Mora, Roberto; Piedad Sanchez-Martinez, Ma; (4/6) Montilla-Herrador, Joaquina; Bernabeu-Mora, Myriam; Escolar-Reina, Pilar. 2018. Mobility limitations related to reduced pulmonary function among aging people with chronic obstructive pulmonary disease. PLOS ONE. PUBLIC LIBRARY SCIENCE. 13-5. ISSN 1932-6203. WOS (5)
- 24 Artículo científico.** Medina-Mirapeix, Francesc; Bernabeu-Mora, Roberto; Maria Gimenez-Gimenez, Luz; (4/6) Montilla-Herrador, Joaquina; Antonio Garcia-Vidal, Jose; Benitez-Martinez, Josep. 2018. Patterns and predictors of exhaustion episodes in patients with stable COPD: A longitudinal study. INTERNATIONAL JOURNAL OF CLINICAL PRACTICE. WILEY. 72-5. ISSN 1368-5031. WOS (0)
- 25 Artículo científico.** Bernabeu-Mora, Roberto; Gimenez-Gimenez, Luz M.; (3/6) Montilla-Herrador, Joaquina; Garcia-Guillamon, Gloria; Antonio Garcia-Vidal, Jose; Medina-Mirapeix, Francesc. 2017. Determinants of each domain of the Short Physical Performance Battery in COPD. INTERNATIONAL JOURNAL OF CHRONIC OBSTRUCTIVE PULMONARY DISEASE. DOVE MEDICAL PRESS LTD. 12, pp.2539-2544. ISSN 1178-2005. WOS (19)

- 26 Artículo científico.** GARCIA GUILLAMON, G.; BERNABEU MORA, R.; (3/6) MONTILLA HERRADOR, J.; Gacto-Sánchez M; Vicente Ríos, J.F.; Medina Mirapeix, F. 2017. Factores asociados a la ansiedad de los cuidadores de pacientes con enfermedad pulmonar obstructiva crónica (EPOC) durante su hospitalización. *Revista de Psicopatología y Psicología Clínica*. 22-2, pp.117-125. ISSN 1136-5420.
- 27 Artículo científico.** Medina-Mirapeix, Francesc; Lillo-Navarro, Carmen; (3/6) Montilla-Herrador, Joaquina; Gacto-Sanchez, Mariano; Franco-Sierra, Maria A.; Escolar-Reina, Pilar. 2017. Predictors of parents' adherence to home exercise programs for children with developmental disabilities, regarding both exercise frequency and duration: a survey design. *EUROPEAN JOURNAL OF PHYSICAL AND REHABILITATION MEDICINE*. EDIZIONI MINERVA MEDICA. 53-4, pp.545-555. ISSN 1973-9095. WOS (11)
- 28 Artículo científico.** Bernabeu-Mora, Roberto; Garcia-Guillamon, Gloria; Montilla-Herrador, Joaquina; Escolar-Reina, Pilar; Garcia-Vidal, Jose Antonio; Medina-Mirapeix, Francesc. 2016. Rates and predictors of depression status among caregivers of patients with COPD hospitalized for acute exacerbations: a prospective study. *INTERNATIONAL JOURNAL OF CHRONIC OBSTRUCTIVE PULMONARY DISEASE*. DOVE MEDICAL PRESS LTD. 11, pp.3199-3205. ISSN 1178-2005. WOS (9)
- 29 Artículo científico.** Lillo-Navarro, Carmen; Medina-Mirapeix, Francesc; Escolar-Reina, Pilar; Montilla-Herrador, Joaquina; Gomez-Arnaldos, Francisco; Oliveira-Sousa, Silvana L. 2015. Parents of children with physical disabilities perceive that characteristics of home exercise programs and physiotherapists' teaching styles influence adherence: a qualitative study. *JOURNAL OF PHYSIOTHERAPY*. AUSTRALIAN PHYSIOTHERAPY ASSOC. 61-2, pp.81-86. ISSN 1836-9553, ISSN 1836-9561. WOS (17)
- 30 Artículo científico.** 2015. Parents of children with physical disabilities perceive that characteristics of home exercise programs and physiotherapists' teaching styles influence adherence: a qualitative study. *Journal of physiotherapy*. 61-2, pp.81-86. ISSN 1836-9553.
- 31 Artículo científico.** Medina-Mirapeix, Francesc; Gacto-Sanchez, Mariano; Navarro-Pujake, Esther; Montilla-Herrador, Joaquina; Lillo-Navarro, Carmen; Escolar-Reina, Pilar. 2014. Development and Initial Psychometric Evaluation of the Mobility Activities Measure for Inpatient Rehabilitation Settings (Mobam-in). *ARCHIVES OF PHYSICAL MEDICINE AND REHABILITATION*. W B SAUNDERS CO-ELSEVIER INC. 95-12, pp.2367-2375. ISSN 0003-9993, ISSN 1532-821X. WOS (6)
- 32 Artículo científico.** 2014. Development and Initial Psychometric Evaluation of the Mobility Activities Measure for Inpatient Rehabilitation Settings (Mobam-in). *ARCHIVES OF PHYSICAL MEDICINE AND REHABILITATION*. 95-12, pp.2367-2375. ISSN 0003-9993.
- 33 Artículo científico.** Elena Del Bano-Aledo, M.; Medina-Mirapeix, Francesc; Escolar-Reina, Pilar; Montilla-Herrador, Joaquina; Collins, Sean M. 2014. Relevant patient perceptions and experiences for evaluating quality of interaction with physiotherapists during outpatient rehabilitation: a qualitative study. *PHYSIOTHERAPY*. ELSEVIER SCI LTD. 100-1, pp.73-79. ISSN 0031-9406, ISSN 1873-1465. WOS (24)
- 34 Artículo científico.** 2014. Relevant patient perceptions and experiences for evaluating quality of interaction with physiotherapists during outpatient rehabilitation: a qualitative study. *PHYSIOTHERAPY*. 100-1, pp.73-79. ISSN 0031-9406.